

# HIBICLENS® GUIDE TO GENERAL SKIN CLEANSING, IN-PATIENT USE



Good hygiene, such as frequent hand washing and daily skin cleansing promotes good health. Daily skin cleansing helps to remove microbes and pathogens that may cause diseases such as MRSA and other MDRO's that are prevalent today.

General skin cleansing for patients is performed by working from clean to dirty areas of the skin. Patients should be protected from over exposure as well as chills and drafts during bathing.

## Before the patient bath:

Follow standard facility bathing protocol and read the Hibiclens label warnings and directions for general skin cleansing instructions before proceeding.

- Wash your hands
- Collect the following items prior to the start of the bath:
  - Wash basin
  - Hibiclens
  - Washcloths, towels as needed
  - Other articles as defined by facility protocols

## During the patient bath:

- If you plan to wash your patient's hair, use their regular shampoo. Then, rinse hair thoroughly to remove any shampoo residue.
- Wash around patient's eyes with water only. Clean around both eyes first, then wash rest of face. Do not use Hibiclens on the face.
- Thoroughly rinse with water the area that will be cleansed with Hibiclens.
- Do not add Hibiclens (or any soap) to the water. Hibiclens is either poured directly onto the wash cloth or directly onto the skin for all body areas EXCEPT face, eyes, ears, mouth and genital area.
- Apply just enough Hibiclens to cover skin beginning with the extremities, then moving to the torso. Wash skin gently.
- Rinse thoroughly with warm water and gently pat dry.
- Reposition or turn the patient if necessary and apply Hibiclens to the remaining skin following the steps above.
- Do not use regular soap, lotion, powder or deodorants after washing with Hibiclens.

## INCREASE YOUR COVERAGE WITH HIBICLENS®

### Warnings

For external use only. Do not use if you are allergic to chlorhexidine gluconate or any other ingredients in this preparation. Do not use in direct contact with the genital area. Do not use as a patient preoperative skin preparation of the head or face. Do not use on wounds that involve more than the superficial layers of the skin.

**HIBICLENS®**  
ANTISEPTIC, ANTIMICROBIAL SKIN CLEANSER



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'Sorrentino, Sheila, (2006), Assisting with Patient Care. Mosby, St Louis, MO pp 305-310. 'American Red Cross, (2009), Modified Bed Bath, Skill 12, Maryland. Followed by the Maryland Board of Nursing, Baltimore City Community College and Harford Community Nursing Assistant training. The Mölnlycke Health Care name and logo, Biogel®, Hibiclens® and BARRIER® are registered globally to one or more of the Mölnlycke Health Care Group of Companies. Distributed by Mölnlycke Health Care US, LLC, Norcross, Georgia 30092. © 2009 Mölnlycke Health Care AB. All rights reserved. 1.800.843.8497 [www.hibigeebies.com](http://www.hibigeebies.com) Literature # 1-0259 12.09